

	1 mo	2 mo	4 mo	6 mo	9 mo	1 year	2 years	3 years	4 years	5 years	6-12 years	12+ years
Physical/Motor	▪ Reacts to pain	▪ Eyes follow object to midline	▪ Eyes follow object past midline	▪ Transfers objects hand to hand (switches hands)	▪ Pincer grasp (10 months)	▪ Pats pictures in book	▪ Copies a line (scribbles with crayons)	▪ Copies a circle ▪ Unbutton buttons (undress)	▪ Copies a cross ▪ Copies a rectangle (4.5y)	▪ Copies a square	▪ Copies a triangle (6y) ▪ Copies diamonds (7y) ▪ Prints letters ▪ Ties shoes ▪ Draws recognizable man with head, body, and limbs	▪ Adolescent growth spurt (girls before boys) ▪ Onset of sexual maturity (10+ y) ▪ Development of primary and secondary sexual characteristics
		Head up prone	Rolls over supine to prone	Rolls prone to supine		Stacks 3-4 cubes (18 mo)	Stacks six cubes	Stacks 9 cubes	Grooms self (brushes teeth)	Partially dresses self	▪ Boys heavier than girls ▪ Permanent teeth 11y	
			▪ Sits with support	▪ Sits well unsupported	▪ Stands with help (8mo) ▪ Crawls (9mo) ▪ Cruises (10mo)	▪ Walks (13 mo) ▪ Ascends stairs (child manner)	▪ Walks backwards ▪ Descends stairs (child manner) ▪ Runs	▪ Rides tricycle ▪ Ascends stairs (adult manner)	▪ Hops on one foot ▪ Descends stairs (adult manner)		▪ Skips with alternating feet ▪ Rides bicycle	
					▪ Fear of falling	▪ Emergence of hand preference (18 mo)	▪ Can turn doorknob, unscrew jar lid ▪ High activity level	▪ Cuts paper with scissors ▪ Bowel and bladder control (toilet training)		Complete sphincter control	▪ Refined motor skills	
						▪ Kick ball, throws ball	▪ Able to aim thrown ball	▪ Catches ball with arms	▪ Throws overhand	▪ Catches ball with 2 hands	▪ Gains athletic skill Coordination increases	
Social	▪ Endogenous smile	▪ Exogenous smile	▪ Preferential social smile	▪ Stranger anxiety	▪ Pat-a-cake, peek-a-boo	▪ Separation anxiety ▪ Dependence on parental figure (rapprochement) ▪ Onlooker and parallel play	▪ Selfish and self-centered ▪ Imitates mannerisms and activities ▪ May be aggressive ▪ “No” is favorite word	▪ Group play ▪ Fixed gender identity ▪ Sex-specific play ▪ Understands “taking turns” ▪ Knows own gender and full name	▪ Imitation of adult roles ▪ Curiosity about sex (playing doctor) ▪ Nightmares and monster fears ▪ Imaginary friends	▪ Conformity to peers important ▪ Romantic feelings for others ▪ Oedipal phase	▪ “Rules of the game” are key ▪ Organized sport possible ▪ Being team member focal for many ▪ Separation of the sexes ▪ Sexual feelings not apparent ▪ Demonstrating competence is key	▪ Identity is key issue ▪ Conformity most imp. ▪ Organized sports diminish for many ▪ Cross-gender relationships
Cognitive (Piaget)	▪ Sensation/movement ▪ Schemas ▪ Assimilation and accommodation ▪ No object permanence (if he can’t see it anymore, it doesn’t exist) <u>Others:</u> ▪ Puts everything in mouth, Feet in mouth (5 mo) ▪ Bang and rattle stage ▪ 1 st year of life: play is solitary and exploratory, issues of trust are key, parental figure central					▪ Achieves object penetrance	▪ A world of objects ▪ Can use symbols ▪ Transition objects e.g. blanket or teddy bear ▪ Strong egocentrism ▪ Concrete use of objects	▪ Repeats 3 digits ▪ Points to and counts 3 objects ▪ Names colors	▪ Repeats 4 digits ▪ Identifies body parts	▪ Counts 10 objects correctly	▪ Abstract from objects ▪ Law of conservation achieved ▪ Adherence to logic ▪ Seriation ▪ No hypotheticals (no “Ifs” ▪ Mnemonic strategies ▪ Personal sense of right and wrong	▪ Abstract from abstractions ▪ Systematic problem-solving strategies ▪ Can handle hypotheticals ▪ Deals with past, present, future.
Language			▪ Laughs aloud	▪ Babbles	▪ Repetitive responding (8 mo) ▪ Mama, dada ▪ Bye-bye	▪ Uses 10 words	▪ Use of pronouns ▪ Parents understand more ▪ Telegraphic sentences ▪ 2 word sentences ▪ Uses 250 words	▪ Complete sentences ▪ Uses 900 words, but understands 4x that ▪ Strangers can understand ▪ Recognizes common objects in pictures	▪ Can tell stories ▪ Uses prepositions ▪ Uses plurals ▪ Compound sentences	▪ Asks the meaning of words ▪ Abstract words elusive	▪ Shift from egocentric to social speech ▪ Incomplete sentences decline ▪ Vocabulary expands geometrically (50,000 words by age 12) ▪ Identifies right and left	▪ Adopts personal speech patterns ▪ Communication becomes focus of relationships
Others				▪ Gabbles (babbling) ▪ 6 strangers switch sitting at 6 months.	▪ It takes 9 months to be a “mama” ▪ Pinches furniture to walk	▪ Walking away from mom causes anxiety ▪ Stack # of cubes: 3 x age in years	▪ Puts 2 words together at age 2. ▪ At age 2, 2/4 (1/2) of speech understood by strangers	▪ Tricycle, 3 numbers, 3 colors, 3 kids make a group ▪ % of speech understood by strangers	▪ Song “head, shoulder, knees, and toes” 4 parts you that at age 4 can identify body parts. ▪ 4/4 of speech understood by strangers ▪ Past tense, speaking of things that happened “be4” ▪ At 2 years can draw 1 line, so at 4 years can draw 2 lines (a cross).	▪ Brain at 75% of adult weight	▪ At 6 years: skips, shoes, person with 6 parts	

Child manner: step-by-step Adult manner: alternates feet Onlooker play: one child watches the other child play Parallel play: 2 children, each plays alone, but comforted by the fact that another child is playing nearby.
 Cruises: walks while holding furniture