



FREE ONE WEEK SHIPPING WITHIN THE UNITED STATES



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ABOUT US

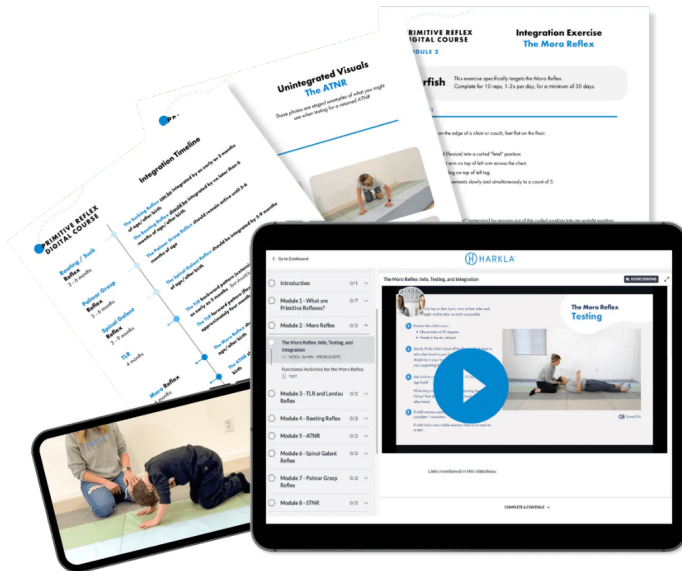


LOGIN

HELP



Assessment And Integration Of Primitive Reflexes For Improved Independence In Daily Activities



Learn how to, screen, test and integrate retained primitive reflexes and help your client or child improve motor, social and daily functioning skills by implementing fun, therapeutic, and functional activities!

\$119.00

★★★★★ 47 reviews



M.B. | Occupational Therapist



"I absolutely loved this course and highly recommend it to my fellow OTs and parents. The format is very easy to follow, with excellent videos, great ideas for treatment, and handouts that are shareable."

SELECT COURSE OPTION

 AOTA CEUs Provides continuing education hours approved by AOTA for occupational therapists and occupational therapy assistants 1.05 AOTA CEUs \$399 This course is approved for 1.05 AOTA CEUs or 10.5 contact hours ADD TO CART	 Master Designed for parents, educators and therapists looking to more thoroughly and comprehensively expand their knowledge on primitive reflex integration to improve daily life skills- without AOTA CEUs \$199 ADD TO CART	 Expert Created for parents looking to understand the fundamentals of primitive reflex integration and get started on their journey to improve daily life skills for their child(ren). \$119 ADD TO CART
Taught by Certified Occupational Therapy Assistants with Certification in Primitive Reflex Integration 14 Modules of training 10.5 Hours of video lessons 70+ Instructional Digital PDFs included	Taught by Certified Occupational Therapy Assistants with Certification in Primitive Reflex Integration 14 Modules of training 10.5 Hours of video lessons 70+ Instructional Digital PDFs included	Taught by Certified Occupational Therapy Assistants with Certification in Primitive Reflex Integration 13 Modules of training 7.5 Hours of video lessons 60+ Instructional Digital PDFs included
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LEARN MORE ABOUT COURSE OPTIONS

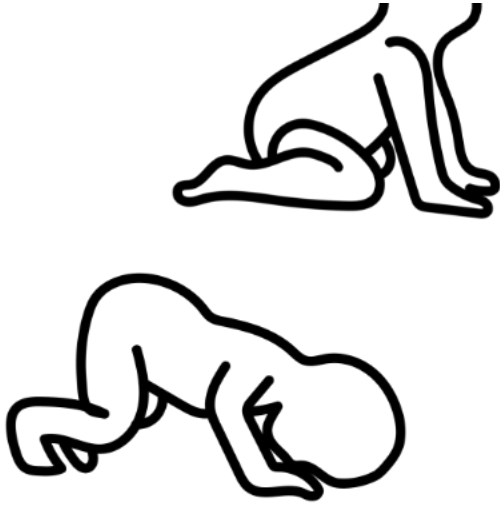
What Are Primitive Reflexes?

THE BUILDING BLOCKS FOR ACHIEVING HIGHER LEVEL SKILLS

We are all born with primitive reflexes! At birth, primitive reflexes are present to assist in survival - most develop in utero. These reflexes are automatic movements, directed from the brain stem, without thought or direction. These involuntary movement patterns are designed to keep the newborn alive and help with development throughout infancy.

Most parents are familiar with primitive reflexes from interacting with their children. When an infant grasps your finger or has the "startle reflex", these are both primitive reflexes. There are quite a few more to be aware of! Primitive reflexes are essentially the foundation for higher-level learning and development, because when these reflexes don't integrate on their own, they can hinder future development and learning.





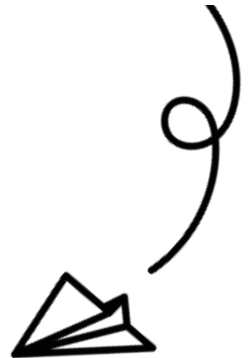
Retained Primitive Reflexes Can Hinder A Child's Future Development

INTEGRATED VS. RETAINED PRIMITIVE REFLEXES

Primitive Reflexes should have a limited life span; they should **integrate** - go away - or mature as a child meets their individual motor milestones.

As your child grows up, these primitive reflexes should be suppressed by the higher functioning parts of the brain. When a primitive reflex integrates, it makes way for new, more mature movement patterns and higher-level learning to develop. However, sometimes this doesn't happen for a variety of reasons.

When primitive reflexes aren't naturally integrated, they become **retained reflexes** and **significant challenges** may arise, **development may be hindered**, and the child may **not gain higher-level skills**. Retained primitive reflexes can cause symptoms or contribute to autism, dyslexia, speech disorders, sensory disorders, and hyperactivity.



Retained Primitive Reflexes Can Lead To Many Challenges

WHEN CHILDREN RETAIN PRIMITIVE REFLEXES, THEY WILL OFTEN TIMES STRUGGLE WITH:



Social Skills

Coordination for
Playing Games or
SportsEmotional
Regulation

Problem Solving



Focusing in Class

Reading &
Writing

Anxiety

Who Is This Training Designed For?

OUR 3 COURSE OPTIONS WERE CAREFULLY CREATED TO MEET THE SPECIFIC NEEDS OF THERAPISTS, PROFESSIONALS, CAREGIVERS AND PARENTS



Parents

Expecting, new, or seasoned!



Caregivers

Anyone with a child who is 5 years or older, or child in their life aunts/uncles, grandparents, daycare providers, foster parents, etc.



Therapists & Educators

Those who work with children ages 5 years and older.



**WELL INFORMED, ENJOYABLE TO WATCH,
AND AT A GREAT PRICE!**



"This course was so helpful! It was well informed, enjoyable to watch, and easily understood! The provided printable materials were clean and well designed as well. I learned so much despite previous knowledge on the topic and would highly recommend this course at such a wonderful price!"

LEVI J.

Ready To Purchase?

[CLICK HERE](#)

Featured In + Awards

The New York Times

yahoo!

Meet Your Instructors

**LEARN FROM TWO PASSIONATE CERTIFIED
OCCUPATIONAL THERAPY ASSISTANTS**

We are two very passionate Certified Occupational Therapy Assistants who specialize in Sensory Integration and Primitive Reflex Integration.

After over 9 years of working with children in outpatient settings, we realized we wanted to bring our expertise to more families and therapists. With this mission in mind, we started the All Things Sensory Podcast, and have been creating in-depth trainings to help children with sensory challenges and retained primitive reflexes.

Our goal is to empower and educate families, caregivers, therapists, and educators to ultimately create strong, confident children!

We are so excited to have you join us!



Certified Primitive Reflex Clinical Specialists

OUR PASSION FOR PRIMITIVE REFLEXES

We became Certified Primitive Reflex Clinical Specialists (CPRCS) in 2023, although we have over 9 years of experience.

We have the expertise, team and resources to bring this information to you in a way that makes sense. We can't wait to hear your success stories after taking this course and putting it into action. This course combines our 9+ years of experience in occupational therapy plus hours of continuing education to make it, in our opinions, one of the best resources for reflex integration.

Rachel Harrington, COTA/L, CPRCS

Jessica Hill, COTA/L, CPRCS





Rachel Harrington

COTA/L, CPRCS

Rachel is a Pediatric Certified Occupational Therapy Assistant who is dedicated to helping children with different abilities feel confident in their own skin. She holds her Autism Certificate, and is continuing her education in Handwriting Without Tears, Primitive Reflex Integration, Sensory Integration, and more! Rachel lives in Boise, Idaho with her husband, two young children, and dog, and can be found outside hiking, playing games, and not taking life too seriously!



Jessica Hill

COTA/L, CPRCS

Jessica is a Certified Occupational Therapy Assistant who specializes in Pediatrics. She is passionate about helping children become healthy, happy, and confident members of society. She has training and experience in Primitive Reflex Integration, Sensory Integration, feeding, and parent training. Jessica and her son live in Boise, Idaho with their two crazy cats and enjoy hiking, swimming, and traveling!

Here's What You Get

AOTA CEUs

Master

Expert

AOTA CEUs

THIS DIGITAL COURSE IS A 14 MODULE TRAINING + 8 FUNCTIONAL ACTIVITY SUBMODULES WITH 10.5 HOURS OF VIDEO, AND 10.5 CONTACT HOURS / 1.05 AOTA CEUs (PLUS BONUSES!), ALONG WITH CLEAR INSTRUCTIONS TO IMPROVE PERFORMANCE IN FUNCTIONAL DAILY TASKS FOR CHILDREN WITH NEURODEVELOPMENTAL DISABILITIES

MODULE 1

MODULE 1

What are Primitive Reflexes?

Learn everything you need to know about Primitive Reflexes. What they are, how and when they should naturally integrate, what happens when they don't integrate, and screening checklists for parents, therapists and teachers.

MODULE 3

The Tonic Labyrinthine (TLR) & Landau Reflex + Functional Activities

You'll learn what the TLR & Landau Reflexes are, when they appear, and when they should integrate. You'll learn how to test both reflexes, see real life examples of a retained TLR and Landau and the exercises to help integrate both + over 18 functional therapeutic activities for integration.

MODULE 5

The Asymmetrical Tonic Neck Reflex (ATNR) + Functional Activities

You'll learn what the ATNR is, when it first appears, and when it should integrate. You'll learn how to test the ATNR, see real life examples of a retained ATNR, and the exercises to help integrate the ATNR + over 25 functional therapeutic activities for integration.

MODULE 2

Moro Reflex + Functional Activities

You'll learn what the Moro Reflex is, when it first appears, and when it should integrate. You'll learn how to test the Moro Reflex, see real life examples of a retained Moro Reflex, and the exercises to help integrate the Moro Reflex + over 15 functional therapeutic activities for integration.

MODULE 4

The Rooting Reflex + Functional Activities

You'll learn what the Rooting Reflex is, when it first appears, and when it should integrate. You'll learn how to test the Rooting Reflex, see real life examples of a retained Rooting Reflex, and the exercises to help integrate the Rooting Reflex + over 10 functional therapeutic activities for integration.

MODULE 7

The Palmar Grasp Reflex + Functional Activities

You'll learn what the Palmar Grasp Reflex is, when it first appears, and when it should integrate. You'll learn how to test the Palmar Grasp, see real life examples of a retained Palmar, and the exercises to help integrate the Palmar + [over 25 functional therapeutic activities for integration](#).

MODULE 9

Tools for Kids Who Push Back

Primitive reflex testing and integration can be challenging. We dive into the underlying challenges that some kiddos might experience during testing and during integration. You'll learn strategies to increase motivation & participation as well as what NOT to do.

MODULE 6

The Spinal Galant Reflex + Functional Activities

You'll learn what the Spinal Galant Reflex is, when it first appears, and when it should integrate. You'll learn how to test the Spinal Galant, see real life examples of a retained Spinal Galant, and the exercises to help integrate it + [over 18 functional therapeutic activities for integration](#).

MODULE 8

The Symmetric Tonic Neck Reflex (STNR) + Functional Activities

You'll learn what the STNR is, when it first appears, and when it should integrate. You'll learn how to test the STNR, see real life examples of a retained STNR, and the exercises to help integrate the STNR + [over 16 functional therapeutic activities for integration](#).

MODULE 10

Tools for Kids Who Need Extra Help

You'll learn ideas for kiddos who need modifications, adjustments, and more. We include strategies for those with

MODULE 11**Screening Checklists**

If you're not able to physically complete the full primitive reflex testing, we cover and provide screening checklists for therapists, families, educators and yourself!

physical limitations, pre or non-verbal, motor planning challenges, behavioral challenges, low muscle tone or hyper-mobile joints.

MODULE 12**BONUS: Postural Reflexes, Overflow, Sensory Diets, Yoga, and More!**

We dive into a variety of BONUS topics including: postural reflexes - what they are and how to strengthen them, overflow and associated movements, adding primitive reflex integration into sensory diets and much more!

MODULE 13**Case Studies**

Rachel and Jessica tested the primitive reflexes of 8 individual children. We show you video footage of these 8 individuals and walk you through our observations, notes, screening results, HEP and treatment plans for each child.

MODULE 14**Research**

A complete collection of the articles, studies and research referenced throughout the course.

ADDITIONAL**Thank You & Disclosures**

We thank you so much for purchasing and taking our course. Rachel and Jessica felt the calling to make the information about primitive reflexes digestible and simplified. Both felt the calling to spread this information far and wide, while finding evidence to support the need for integration. Thank you so much for joining us!

Physical Workbook Included

200+ PAGES OF INCREDIBLE COURSE CONTENT

All of our PDFs printed and organized in a workbook that includes reflex screening, checklists, integration activities and pictures of all of our recommended testing, exercises, and strategies. Everything you need in one place to reference quickly and efficiently!

Learning Outcomes

UPON COMPLETION OF THIS COURSE, PARTICIPANTS SHOULD BE ABLE TO:

- 1 Identify 3 potential adverse reactions to occupational-based tasks when primitive reflexes are retained, i.e. bathing, eating, playing, etc.
- 2 State 5 common primitive reflexes and their symptoms when retained.
- 3 List 3 functional activities to include during play-based therapeutic treatment interventions to integrate primitive reflexes.
- 4 Identify 2 modifications to daily occupations when reflexes are retained to improve successful participation in ADLs and IADLs.
- 5 List 2 strategies to improve caregiver success with HEPs in the home / school environments to improve reflex integration.
- 6 Define the pyramid of learning and identify where primitive reflexes are located, compared to academic and cognitive skills.

7

State the importance of integrating primitive reflexes during play to improve occupational performance.

AOTA GUIDELINES

Assessment and Integration of Primitive Reflexes for Improved Independence in Daily Activities

Distant Learning- Independent

Primitive reflex integration refers to the process of facilitating the integration of primitive reflexes into more mature, controlled movements. This integration is addressed through specific therapeutic techniques and exercises designed to stimulate the central nervous system and promote the development of higher-level skills. By addressing primitive reflexes, the aim is to enhance overall neurological development, coordination, balance, motor skills, and cognitive functioning in order to improve independence with daily occupations. Designed for pediatric occupational therapists, this course provides the resources for screening, testing, integrating and improving performance in functional daily tasks for children with neurodevelopmental disabilities.

Expand Full Feature

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SIMPLE + COMPLETE = OUTSTANDING

Deserves to be considered as an official course to be included in anyone's resume. Harkla's course is concise versus other courses that are informative but too long and not going to the point. The OT's are fun but always keep it to a serious level. If you have studied PR's before, this course helps you to wrap information up and use it, so it's practical. But it also gives you lots of back up information, so if you are new to PR's you'll get to know what they are in an extremely easy and understandable way. I'm glad I took it and I think it's worthy the price.

**LEONEL R.
P.E. TEACHER**

Why Families & Therapists Love This Course



Improve Life By Integrating Primitive Reflexes

If your client or child has retained primitive reflexes, learning to integrate them could lead to improved:

- Social Skills
- Learning
- Motor Skills
- Executive
- Functioning
- Coordination
- Reading & Writing



Makes Learning Fun!

We believe that learning is more impactful when it's fun! This course provides you with the tools to implement new activities & exercises in a positive way to engage your client or child.



Understanding The 'Why'

We're not here to diagnose or put a band-aid on a "problem". Just straight forward information as to WHY your client or child may be struggling and engaging, actionable exercises that will help.



No More Guessing

With video demonstrations and clear descriptions, we take the guesswork out of helping you and your client or child experience success. We want to make this as easy as possible for you.

LET'S GET STARTED!

Assessment and Integration of Primitive Reflexes for Improved Independence in Daily Activities

Learn how to, screen, test and integrate retained primitive reflexes and help your child or client improve motor, social and daily functioning skills by implementing fun, therapeutic, and functional activities!

\$119

SELECT COURSE OPTION

LIFETIME GUARANTEE [Learn More](#)

Frequently Asked Questions

How Is This Course Administered?

What Is The Refund Policy For This Course?

Will I Have Access To The Instructors For The Course?

Do You Test Or Diagnose My Child For Primitive Reflexes?

Is This Course Beneficial For Children Without Disabilities?

Is There A Correlation Between A Diagnosis Of ADHD And Retained Primitive Reflexes?

What Happens When There Is An Inconsistent Positive Response When Testing And Re-Testing A Primitive Reflex?

Is This Course Helpful For Parents And Caretakers?

How Do I Get My Certification For CEUs?

Is There A Payment Plan For The Course?

Our Lifetime Guarantee



LIFETIME MONEY-BACK COMMITMENT

We don't mess around with our commitment. Unless you are 100% satisfied, we aren't satisfied either. We're a company that truly cares about you and will answer any question or concerns you have.

This means that if you are not absolutely happy with your product, we will not only refund you without question, we will cover the return shipping. There's no reason you should pay for a product you aren't happy with.

Ready To Purchase?

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Giving Back On Our Sales

1% OF ALL SALES ARE DONATED TO GAME CHANGERS IDAHO

At Harkla, our goal is to help those with special needs live happy and healthy lives. To continue our mission and to support the sensory community, we donate 1% of every sale to Game Changers Idaho. Game Changers Idaho provides year-round inclusive sports leagues to give children of all abilities the opportunity to learn, grow & create friendships through sports. Learn more about Game Changers Idaho [here](#).

"Game Changers Idaho strives to make an impact benefiting over 400 children with special needs in the grades of K-12 by providing adaptive sports year around in the Treasure Valley. All sports programs (7) are free to all of our families as we seek funding from the community. Harkla has been one of our most dedicated [sponsors], allowing hundreds of children play sports to their best ability! We are so appreciative of Harkla's support."

Gabriel Moreno
Executive Director
Game Changers Idaho

You May Also Like



Primitive Reflex Workbook

5 reviews

\$99.99

ADD TO CART



Compression Sensory Swing

308 reviews

\$119.99

ADD TO CART

Sensory Diet Digital Course - Master

35 reviews

\$69.00

ADD TO CART

Early Intervention Blueprint - AOTA CEUs

\$399.00

ADD TO CART

Customer Reviews

★★★★★
Based on 47 reviews

Amy C.
11/21/2023

★★★★★

Well Worth It!

This course is a great value! I am using this course with my 13 and 8 year old children. This course is very parent friendly. It is very informative. The handouts and visuals are so helpful. I would definitely recommend to others.

Jill G.
11/14/2023

★★★★★

Amazing results in all my kids!

I am a mom of 5 & have had 4 kids diagnosed with retained primitive reflexes. One child in particular is more severe than the others with issues ranging from fear of the bathroom, food aversion, & social problems. We started this program in the summer & had about 2 months of daily exercises under our belt before school started. We have seen a remarkable difference in all 4 kids

but the biggest change was with our child that had the most severe case. He is now eating 90% of his school meals without issue, he now plays with other kids during recess, & has even joined the youth soccer team. While there is still room for improvement since we have not made it through the entire course, I am so relieved to see the remarkable transformation our children have already shown! As a side note, our other kids who weren't as severe have had improvements in their social skills, self confidence, & emotional regulation.

Tanya P.
11/03/2023



easy to follow and very usefull

Rashan D.
10/27/2023



Recommended for parents and therapists!

I found this course to be very informative. As a practicing pediatric occupational therapist, I especially loved the treatment ideas that were provided to help integrate each reflex. The course breaks down the information in a way that non medical professionals seeking support for children can understand, making it a great course for parents as well. Therefore, I'd recommend this course for therapists and parents!

Julie D.
10/24/2023



LOVE this course!

This course helped me feel so confident in adding reflex integration into my OT sessions! The video demonstrations are so helpful and I love all of the different activities that can be used in therapy sessions to integrate the reflexes! I work in a clinic that focuses on services for kids with dyslexia and other learning disabilities, so this has been so beneficial for the children on my caseload. I would absolutely recommend this course!

1 2 3 > »

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from experts

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UNIVERSITY OF WASHINGTON AUTISM CENTER

1% of every sale at Harkla goes to the University of Washington Autism Clinic
help fund research and therapy for local children.

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