

# REFLEX INTEGRATION FOR EVERYONE

Approaching childhood developmental challenges from the perspective of retained reflexes has the potential to unlock improvements in functional and learning skills.

To make reflex integration more accessible, Kokeb McDonald, OTR/L developed **Reflex Integration Through Play™**, a fun, easy-to-use method to address retained primitive reflexes in a functionally-focused way. Use it in your OT/PT clinic, the classroom, or at home.

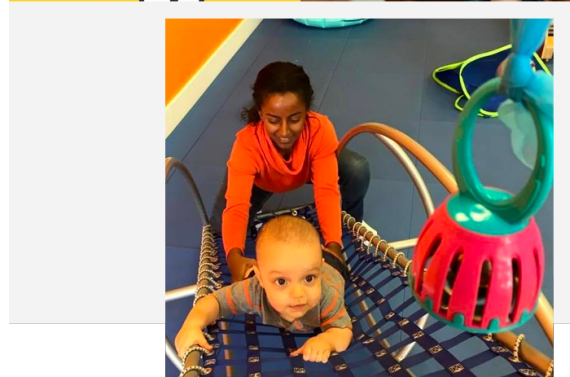
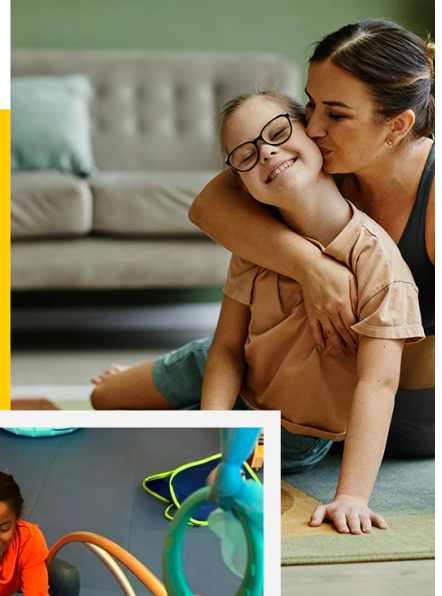
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Work with a Mentor



# Why Reflex Integration?



Primitive reflexes are foundational, yet involuntary movement patterns that are present at birth and become integrated or “dormant” before a child reaches 12 months of age. Most reflexes become integrated into a pattern of movement after infancy, so more mature and voluntary movements can emerge.

When reflexes do not become integrated, they interfere with a child's ability to develop an appropriate foundation for stability and mobility. A child without integrated primitive reflexes learns faulty and maladaptive movement patterns.

You must address retained reflexes in your client to make a lasting change and bridge the gap in their development. You, the trained therapists, can observe these faulty responses by how a child reacts, behaves, and moves and address this interference in reflex integration to help the child recreate activities a typically developing child would have performed to integrate reflexes.

## The Reflex Integration Through Play™ Certification Program



Learn RITP's unique method for primitive reflex integration, focus on functional goals, while you build your career as a therapist.

- Five course, on-demand certification program
- Exclusive access to our online community and monthly Q&A call with Kokeb
- Get access to our upcoming exercise reference and screening app

 [Learn More about Certification](#)

REVIEWS FROM REFLEX INTEGRATION THROUGH PLAY™ PARTICIPANTS

## What Our Therapists & Clinics Have Said

I feel like my staff are feeling more confident and helping each other more and not having to ask me as many questions which was my goal.

**Mary Kostka**  
Clinic Owner

I love the mentoring part. That's what I always felt that I was lacking.

**Hanna Riwkin**  
CEO & OTR/L

Everybody here at Ohana has learned so much about reflexes and how important it is to add it in every session. As a team, I believe we are implementing more reflex exercises/activities sessions.

**Orlando Romero-Ortiz**  
OTR/L

### Mentorship for rapidly growing clinics



Why I decided to join Kokeb's RITP Mentoring program : 1) My clinic was growing rapidly and I needed another highly experienced OT to help train my staff and 2) We wanted help addressing reflexes through play.

**Mary Kostka**  
Ohana OT

### Play-based reflex integration training



Participating in group mentorship allowed us to collaborate and work together to provide the highest quality of care related to reflex integration for our clients. Our therapists are now empowered and have an expert behind them. I've seen a great return on investment even in a short time. Clients who had plateaued in services are making progress again!

**Jennifer Davis**  
Joy and Laughter Developmental Therapy

## Make Reflex Integration Fun with Our Memory Game!

An engaging way to incorporate reflex integration exercises from the RITP series into your OT or PT therapy sessions at home or in a clinic setting, this take on the classic memory/concentration game gives you 48 easy to manipulate tiles allowing the players to practice 24 exercises.

 Check out the Game

 Buy the Game + All Five Books ~~\$144.95~~ **\$130.00**



# Reflex Integration Through Play™ Book Series

Dive into this one-of-a-kind, hands-on instructional resource that provide clear explanations of the critical role the reflexed behavior play in childhood development and learning skills.

Step-by step instructions on dozens of exercises per book serve as invaluable tool that will help you navigate the child's natural environment and compassionately understand the developmental challenges related to it.

- Play-based primitive reflex integration exercises you can implement at school, home and in-clinic settings
- Accommodating alternatives for children of all levels
- Fun but precise illustrations to help you and your child understand the movements
- Moro Reflex
- Asymmetrical Tonic Neck Reflex (ATNR)
- Symmetrical Tonic Neck Reflex (STNR)
- Tonic Labyrinthine Reflex (TLR)
- Spinal Galant Reflex
- More to come...

 Buy All Five Books ~~\$109.95~~ \$95.00

MEET OUR OCCUPATIONAL THERAPIST

# Kokeb McDonald

I'm a pediatric occupational therapist, author, and coach with a strong passion for helping people develop into their healthiest selves.

As a mother of two wonderful children, I bring genuine care and compassion to my mission to transform occupational therapy. As the creator of the Reflex Integration Through Play™ method and book series, I created these resources not only because they offer fellow professionals a tool to expand their clinical reach, but also because they are empowering and reassuring tools for frustrated parents.

Join me in learning to better serve the children around us.



# Join for Free

Sign up for a free RITP account to get...

- ✓ Access to FREE book and game companion resources
- ✓ Regular newsletter with community updates
- ✓ Exclusive offers and discounts only for members
- ✓ Get a **10% off coupon** for anything on our store!

First Name

Last Name

Email

Password

What best describes your role helping kids?

- ☐ Service Provider
- ☐ Parent
- ☐ Teacher
- ☐ Clinic Owner/CEO
- ☐ Other

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