

What are Primitive Reflexes?

Primitive reflexes are innate movements or reactions that present after birth. They are involuntary motor responses that originate from the brain stem and exist to ensure survival. Primitive reflexes serve as foundational movements and as the body develops, they naturally fade away and are replaced by new reflexes.

The process of one reflex fading and another reflex taking its place is also known as “reflex integration.” Reflex integration is essential for the body to learn basic autonomic movements.



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present or integrated interrupt the development of movement patterns and can be an indicator for developmental delay.

What does Primitive reflexes have to do with Occupational Therapy?

Reflexes that do not integrate are known as “retained reflexes”. Occupational Therapist can assess the way children move to test for any retained reflexes. Occupational Therapist then provide exercises and movements that the child and parent can do during their sessions and at home to integrate the retained reflexes.



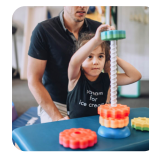


Example of Reflexes

Example of Reflexes



"Alone
we
can
do so
little;
together
we
can
do so
much"



– Helen
Keller

At the Centre of Movement, our mission is to revolutionise children's lives by unlocking their potential through the power of movement.



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