

Neurological Therapy

Lymphedema Management

Hand Therapy

Speech Therapy

Vestibular Therapy

Occupational Therapy

Return to Work

**Want to learn
more about
your health?**

Visit Our Health
Library



How the vestibular system works

The vestibular system is located in the ear canal and is responsible for maintaining the body's sense of balance. It receives input from the eyes, ears, and other senses to detect gravity and determine our place in space. The pressure in the vestibular system transmits signals to the brain that help us maintain our sense of balance. When something impacts the vestibular system, it can seem like the room is spinning.

Some conditions that can affect the vestibular system include:

- Benign Paroxysmal Positional Vertigo (BPPV)
- Head trauma/whiplash
- Stroke
- Post-operative brain tumor or inner ear surgery
- Disease or inflammation of the inner ear
- Light headedness, nausea, or disorientation
- Motion intolerance

Vestibular therapy works by identifying the issue that is affecting your vestibular system. The treatment plan then focuses on correcting the problem or finding methods of altering the vestibular system so that it can adjust to what's happening to it so you can regain balance. This is often done by repeating motions that induce dizziness so your vestibular system can adjust to them. Another form of therapy is gaze stabilization, which involves controlling eye movements so that you can avoid the blurry vision that may play a role in dizzy spells.

These are just a few of the strategies used in vestibular therapy. For more information or to make a referral, call us at **504.349.6140**.

Related locations

West Jefferson Medical Center
1101 Medical Center Blvd.
Marrero, LA 70072
504.347.5511

More information

[Find a Provider](#)
[Find a Location](#)
[Patient Portal Login](#)
[Pay Your Bill](#)
[Request Medical Records](#)

[Careers](#)
[Newsroom & Blog](#)
[For Providers](#)
[Contact Us](#)
[For Employees](#)



Newsletter Sign-up

1101 Medical Center Blvd.
Marrero, LA 70072
[504.347.5511](tel:504.347.5511)

Copyright © 2024
[Good Faith Estimates](#)

[Site Map](#)

[Privacy Policy](#)

[Notice of Nondiscrimination](#)

[Notice of Privacy Practices](#)

[Notice Regarding Balance Billing](#)
[Price Transparency](#)

Access



LCMC Health is committed to providing individuals with disabilities equal opportunity to participate in and benefit from LCMC Health programs and services. We offer reasonable accommodations, including access to service animals, to ensure our programs and services are accessible to and usable by individuals with disabilities.

Service animals are welcome throughout all of our clinics and hospitals. We apply the Americans with Disabilities Act (ADA) requirements, which define a service animal as "one that is trained to do work or perform tasks for the benefit of a person with a disability." Persons with service animals will be accommodated unless LCMC Health formally determines such service animal constitutes a "direct threat" or requires a "fundamental alteration" of its facilities or services.

[ADA frequently asked questions](#) [More information about service animals](#)