

Vestibular and Balance Rehabilitation Service

We provide assessment and evidence-based treatment for dizziness and balance disorders.

The assessment and treatment may consist of a combination of specific eye, head, walking and balance exercises as well as clinical manoeuvres dependent on your condition.

We provide Vestibular Rehabilitation in an outpatient setting to help people recover and self-manage their condition.

We treat a variety of conditions including:

- acoustic neuromas (Vestibular Schwannoma)
- autoimmune ear disorders
- age-related vestibular loss
- Bilateral Vestibulopathy (pharmacologically induced)
- BBPV
- central disorders (brainstem/cerebellar stroke, demyelination)
- Meniere's Disease
- Persistent Postural Perceptual Dizziness (PPPD)
- Vestibular Migraine
- Vestibular Neuritis / Labyrinthitis (Unilateral Vestibulopathy)
- visually-induced dizziness.

Referrals

Once we have received a referral, we will triage it and place it on our waiting list.

[Neurological Rehabilitation outpatient referrals - OCE](#)

Healthcare professionals

Please make all referrals for Neurological Rehabilitation Outpatient Services via **this link only**.

[OCE Neuro Services Outpatient Referral Form](#)

We no longer accept referrals made via any other method.

OUH staff

Please refer using the communications message pool on EPR by messaging **OCE Admin** via Communicate.

Contact us

Email: oce.referrals@ouh.nhs.uk

Last reviewed: 02 May 2024