

# Hyperbaric Oxygen Therapy

Hyperbaric oxygen therapy is a non-invasive treatment that can be helpful in the recovery from traumatic brain injuries, as well as in the treatment of many mental health conditions and cognitive issues.

## What is Hyperbaric Oxygen Therapy?

Hyperbaric Oxygen Therapy (HBOT) is a noninvasive treatment that involves breathing 100% pure oxygen in a pressurized chamber. With HBOT, your lungs can take in up to 3 times more oxygen than they do when breathing at normal air pressure. The increased oxygen is picked up via the bloodstream and transported to damaged tissues to facilitate the healing process.

If you are struggling with a mental health condition, recovering from a concussion or traumatic brain injury (TBI), or dealing with cognitive or memory problems, hyperbaric oxygen therapy may be for you. People all over the world have reported recovering from a variety of conditions and experiencing dramatic improvements with this type of popular therapy.

**Contact Us**



## **Why Choose Amen Clinics for Hyperbaric Oxygen Therapy?**

At Amen Clinics, HBOT may be used in combination with other therapies. If your Amen Clinics physician recommends HBOT as part of your treatment plan, you can conveniently undergo the therapy at our clinics. Amen Clinics offers both soft-sided and hard-shell HBOT chambers. Both elevate atmospheric pressure to increase oxygen flow to the brain, however, hard chambers are capable of reaching higher pressures, which may accelerate the process. The treatment simply involves lying in a pressurized chamber for a designated period of time and specific number of sessions based on your individual needs. A technician specially trained in hyperbaric oxygen therapy monitors the process for your comfort and safety.

## How Hyperbaric Oxygen Therapy Works

Your brain and body require an adequate supply of oxygen to function optimally. The oxygen you breathe in through your lungs enters the bloodstream, which carries it throughout your body and brain. Whenever there is an injury, you need increased oxygen to help repair the damaged tissues. HBOT can help.

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Ready to learn more? Contact a care coordinator today!

**Contact Us**







## We are here to help!

Schedule a call with one of our health care coordinators to answer your questions and help you find the best solutions for you and your loved ones!

 **866-380-7743**

Full Name \*

Email \*

Please select... \*



+1 Phone Number

Message \*

☒ By submitting this form, you consent to receiving communication from the Amen Clinics via phone, email, and/or SMS. Your information will be handled with utmost confidentiality and used solely for the purpose of assisting you with your inquiry. You can Opt-Out at anytime.

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